



Esteem Designz Program

_____ (Any specific concerns you would like to address) _____

We would like to help the year ____ girls be confident in who they are and learn some coping skills for life in a fun and creative program.

Esteem Designz is a program encouraging teenage girls to explore self-esteem and identity through creativity. It is based on fun, interactive and meaningful design projects and activities. These are created to engage, equip and empower teenage girls to discover their unique characteristics, finding value and respect in who they are, providing subtle tools for life and achieving goals that boost self-confidence and worth.

Each girl will receive a Resource Kit, packed full of goodies – a journal, cards, Instructions Booklet and all the creative materials needed for the Design Projects.

The program will run throughout term ____ for ____ mins on ____ (day) ____.

In order for the program to commence, could you please return the permission slip to the office by ____ (date) _____

Esteem Designz Program 2012

Student's name: _____ Class: _____

I _____ give permission for my child _____

to participate / not participate (*please circle*) in Esteem Designz Program.

Parent/Guardian signature: _____